

LOAD RESTRAINT AWARENESS COURSE

TLID0015 – Load and unload goods/cargo

TLID0020 – Shift materials safely using manual handling methods

Course Overview

The Load Restraint Awareness Skill Set is designed to equip workers with the knowledge and skills to safely load, unload, and handle cargo in compliance with industry standards. This training ensures participants understand best practices for securing loads, reducing risks, and improving workplace safety.

Course Structure

- Group-based training – tailored for teams to ensure effective learning
- Onsite only – we bring the training to your workplace for maximum convenience
- Up to 10 participants per session – ensuring individual attention and skill development

Course Duration

1-day intensive training providing hands-on experience and practical knowledge

Pricing

- \$3,200 per group session (*up to 10 participants*)
- Includes nationally recognised training in both units:
 - **TLID0015** – Load and Unload Goods/Cargo
 - **TLID0020** – Shift Materials Safely Using Manual Handling Methods
- Delivered by experienced industry professionals

Learning Outcomes

Upon successful completion of the course, you will be able to:

- Safely load and unload goods to prevent shifting and damage
- Apply manual handling techniques to reduce the risk of injury
- Identify and comply with load restraint regulations and safety guidelines
- Utilise appropriate tools and equipment for securing cargo
- Enhance workplace efficiency through proper load management



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